



Sports activities at Faculty of Sports Studies

Free courses available for students of Masaryk University

There are several courses taught in English at the Faculty of Sports Studies. International students from other faculties of Masaryk University can also enroll in these courses: www.fsps.muni.cz/courses

University Sports Centre provides instruction in general physical education for degree-seeking students who are required to obtain two credits of physical education during their Bachelor's degree study.

Note: If you are not Bachelor degree-seeking student, it is necessary to send the enrollment exception application in the Information System!

Code	Course name	Credits
p902	Physical Education - Fitnessyoga	1
p903	Physical Education - Volleyball Intermediate	1
p904	Physical Education - Climbing	1
p908	Physical Education - Badminton	1
p909	Physical Education - Fitness Gym	1
p910	Physical Education - Table Tennis	1
p911	Physical Education - Futsal	1
p912	Physical Education - Pilates	1
p913	Physical Education - Wellness Fit Programme	1
P9903	Physical Education - Spiral stabilization	1
p9904	Physical Education - Rollpilates	1
p9908	Physical Education - Zumba	1

Further there are courses offered by other departments at FSpS MU. These courses are also mainly practical. Nevertheless, there are more requirements to pass the course than in PE classes.

Note: If you are not FSpS student, it is necessary to send the enrollment exception application in the Information System!

Code	Course name	Credits
e001	Corrective Exercises	2
e002	Adapted Physical Education	2
e003	Combative Activities	2
e008	First Aid	3
e009	Harmonization Exercises	2
e012	Hiking	4
e013	Outdoor Activities	3
e016	Table Tennis	2
e017	Futsal	2
e018	Fitness	3
e020	Body and Mind	2
e022	Strength Training and Conditioning	3
e024	Basketball	3
e027	Nontraditional Games	2
e030	Tourism and outdoor activities	5
e033	Gymnastics	3
e035	Basic techniques of sports massage	4
e036	Choreography in sport	3

Following, there is a group of courses which are theoretical. Exchange students with a background in sports science usually choose these courses.

Code	Course name	Credits
e005	2D and 3D Motion Analysis	3
e007	Sociology in Sport	4
e031	Wellness - health promotion in practice	3
e032	Exercise & Sports Psychology	6
v2054	Applied Sports Nutrition	2
e034	Human Resources Management in Sport	5
e037	Sports Volunteering	5

Courses for students with fee

Haven't you found any interesting course for you? You can also have a look at a wider offer of PE courses in the Shopping Centre in IS: https://is.muni.cz/obchod/fakulta/fsps/placena_tv/. These courses are taught in the Czech language. Nevertheless, in most of the courses, it should not be a problem for international students to follow the class. A fee is required for these courses, but the price is lower than in usual commercial fitness centers. You can pay the fee through the Shopping Centre.

Courses: box, aerobic, volleyball, zumba, fitness gym, spinning, SM system, bodystyling, fitness yoga, pilates, basketball, self-defense, bosu, capoeira, ballet, systema, yoga, street dance...

Registration is open. Some of the courses might be already full ("vyprodáno").

Fitness gym in the Campus

There is a fitness gym at the Faculty of Sports Studies at University Campus Bohunice. It is possible to use the gym when there is no class. The price is 70 CZK per one entrance or 500 CZK per 10 entrances. You can pay the fee at the faculty Cash office (building A33, first floor). Before entering the fitness gym you should show your card at the reception.

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